

Life Below the Surface

There is life below the surface
of things
and people
and situations
and systems
and relationships

There is life below the surface
of the water
and your skin
and the ocean
and the ground
and the bark
and the body

There is life below the surface
of thoughts
and feelings
and conversations
and actions
and speech

There is life below the surface
Look for life
and you will find me
forever where I already am
and always will be

I am below the surface